

PURE HEALTH PERFORMANCE SUPER TOTAL LIFT OFF

Registration starts Nov.1st and ends Nov.30th
Limited to 50 athletes, so sign-up quick!

12/5/2015

8:00 a.m - 8:00 p.m

518C SE Washington Ave Bartlesville, OK

Email or P.M to register!

Registration Cost:

\$30- A.M Weightlifting Session

\$30- P.M Powerlifting Session

\$45- Super Total (Both Sessions)

*\$5 discount with current Box Affiliation Membership

Prizes will be awarded to the top 3 male/female in each weight class

*Weight classes dependent upon number of participants

PHPP
PURE HEALTH PERFORMANCE



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www.facebook.com/liftingintheville



@purehealthperformance